

THE MENU

Issue 18 – Dec 2016/Jan 2017
Valid to 31 January 2017

MAGAZINE



 *Love good food?
Love Plassey Food.*



Wishing you all a fantastic
festive season and a great
start to 2017!

One stop shop to the foodservice industry

Plassey Food & Distribution Co. Ltd., Rathkeale Industrial Estate, Co. Limerick.
Tel: 069 63500 Email: sales@plasseyfood.ie www.plasseyfood.ie

Plassey Food The Menu Magazine

Edition December 2016 / January 2017

Wishing you all a fantastic festive season and a great start to 2017!

With this edition of the Menu Magazine we close 2016, which was a great year for Plassey Food and hopefully also for all our clients!

We like to thank you for your support and custom this year and look forward to working with you all in the New Year.

Best regards,

Don Flynn & Tom Magner
Directors



SuperDeals

100 Special Offers

Did you see our latest SuperDeals?

View all offers on

<http://plasseyfood.ie/special-offers>

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YOU ARE INVITED TO CATEX 2017

Plassey Food would like to invite you to stand A49/B34 at Catex 2017, Ireland's biggest ever hospitality event, with more than 200 exhibitors and 11,000 visitors in a three-day celebration of Irish foodservice.

Catex provides a platform for foodservice excellence, allowing industry professionals to network together, showcase innovation, explore and sample the latest products and practice.



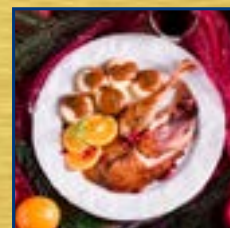
21-23 February 2017,
RDS Dublin

**We look forward to meeting
you at the Plassey Food
stand in February!**

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All prices in this publication are subject to change without notice. Whilst we make every effort to provide you the most accurate, up-to-date information, errors may occasionally occur.

In the event a product is listed at an incorrect price, Plassey Food shall have the right to refuse or cancel any orders placed for product listed at the incorrect price.

Hereford Beef



Hereford 5kg+
Striploin
Code: 16189
Was €23.50
NOW €19.50



Hereford 6kg+
Striploin
Code: 60059
Was €23.50
NOW €19.50



Hereford 7kg+
Striploin
Code: 30256
Was €23.50
NOW €19.50



Hereford Cube
Roll
Code: 60061
Was €26.50/kg
NOW €22.50/kg



Quality Assurance

The Products Quality Assurance Scheme operated by Bord Bia is designed to enable poultry producers and processors meet the ever increasing demands of customers and consumers.

The scheme is kept under review to ensure that it continues to reflect the emerging requirements of the marketplace.



Hereford Beef
Fillet Chain on
Code: 60060
Was €32.50/kg
NOW €26.50/kg



Hereford 8oz
Fillet Steaks
5pck
Code: 60068
Was €68.75
NOW €54.00



Hereford 10oz
Rib Eye
5pck
Code: 98710
Was €50.00
NOW €42.00



Hereford 10oz
Striploin Steaks
Code: 60066
Was €45.00
NOW €34.00



Pork



Pork Loin

Code: 62001
Was €4.50/kg
NOW €3.50/kg



Stuffed
Pork Loin
Code: 62002
Was €5.95/kg
NOW €4.80/kg



Pork Steak
Fillet
Code: 62004
Was €9.40/kg
NOW €7.75/kg



Diced Pork
2.5kg
Code: 62006
Was €17.75
NOW €14.50



Pork
Shoulder
Code: 62003
Was €5.95/kg
NOW €4.95/kg

Lamb



Lamb Leg
Boned & Rolled
Code: 61002
Was €10.95/kg
NOW €9.50/kg



Lamb Rack
French Trim
Code: 61050
Was €22.50/kg
NOW €18.50/kg



Lamb H/Q
Shanks
Code: 610052
Was €10.50/kg
NOW €8.25/kg



Lamb Mince
2.5kg
Code: 61010
Was €23.60
NOW €19.50



Lamb Gigot
Chops
Code: 61008
Was €18.00/kg
NOW €13.50/kg



Hand Diced
Lamb 2kg
Code: 610054
Was €21.50
NOW €17.50



Delicious Duck

Skeaghanore
WEST CORK DUCK

See our recipe of the Month on page 13 by Stephen Smith - Executive Chef, Savoy Hotel, George Hotel, Hamptons Bar & Grill & Da Vincenzo's Italian Restaurant.

Pan seared Duck with smoked bacon kugelis, black pudding spring roll and forest fruit Jus!



Skeaghanore
Fresh Duck Breast
Code: 72013
Was €24.50/kg
NOW €19.50/kg



Skeaghanore
Whole Duck
Code: 72012
Was €6.50/kg
NOW €5.30/kg



Skeaghanore
Smoked Duck
Breast 220g
Code: 72016
Was €8.50
NOW €7.00



Skeaghanore
Duck Confit
Code: 72014
Was €15.50/kg
NOW €12.75/kg



Skeaghanore
Fresh Duck Legs
6pck
Code: 72015
Was €19.50/kg
NOW €15.95/kg



Perfect Poultry



1400g Double Breast
Code: 745
Was €47.00
NOW €38.00



1600g Loose Chicken x 8
Code: 8136
Was €41.00
NOW €33.50



Fresh Chicken Maryland x 32
Code: 2535
Was €44.00
NOW €36.00



Fresh Chicken Kiev x 32
Code: 2532
Was €48.00
NOW €40.00



Steam Cooked Fillets 5kg
Code: 97763
Was €33.00
NOW €28.75



Steam Cooked Chicken Wing 5kg
Code: 80605
Was €25.00
NOW €20.00



8oz Supremes x 40
Code: 70001

RRP €64.00
NOW €50.00

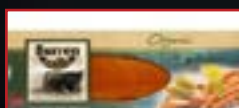


Quality Assurance

The Poultry Products Quality Assurance Scheme operated by Bord Bia is designed to enable poultry producers and processors meet the ever increasing demands of customers and consumers.

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Scrumptious Salmon



Sliced Salmon Side
1kg
Code: 75105
Was €38.00
NOW €30.00



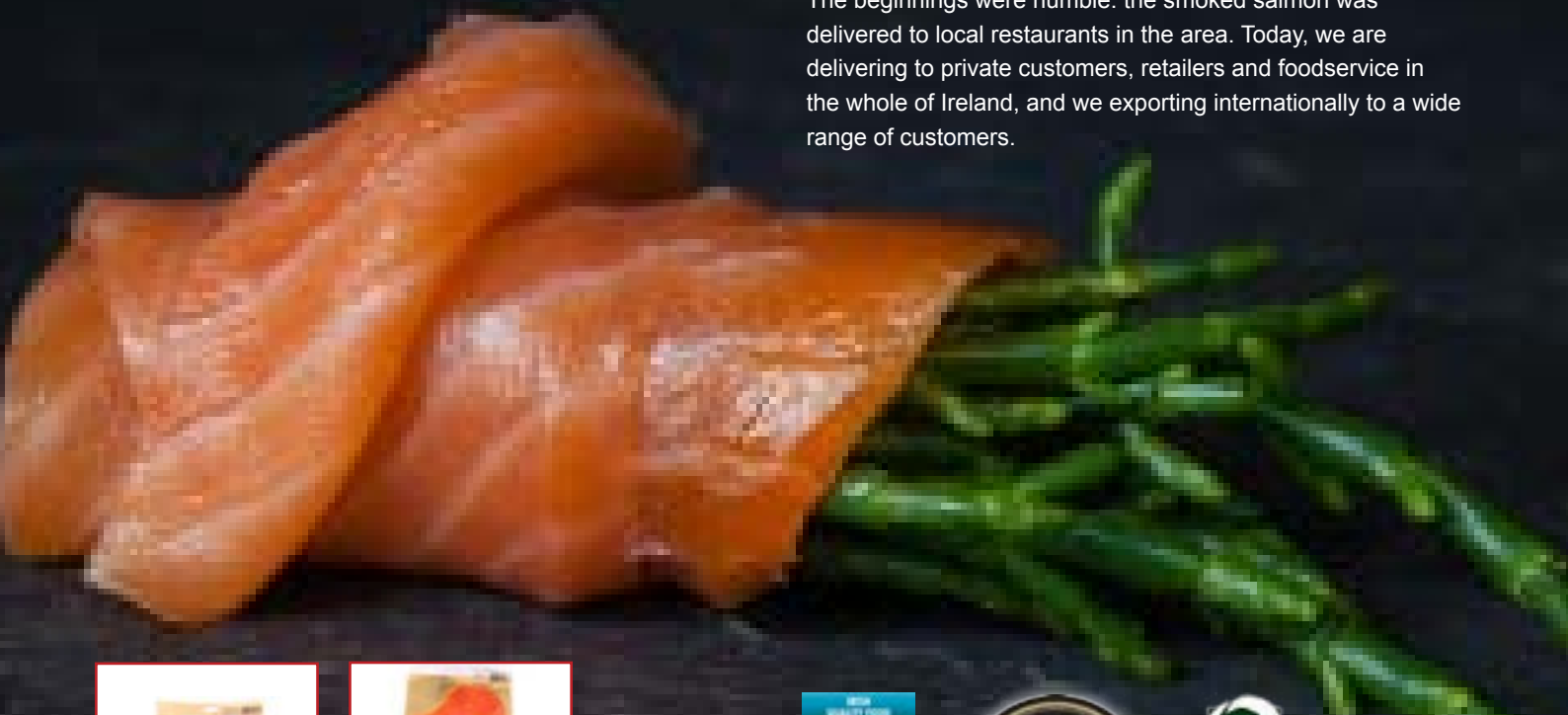
½ Sliced
Salmon Side
500g
Code: 75100
Was €19.80
NOW €16.50

Award winning smoked salmon from Burren Smokehouse - how it all began

Birgitta is from Sweden, where she grew up in a family that would be hunting, fishing and foraging. She travelled to Ireland on a holiday where she met Peter Curtin, a native of Lisdoonvarna, Co. Clare. After a few years of a long-distance relationship, Birgitta moved to Lisdoonvarna and married Peter.

Peter grew up in the Roadside Tavern which was also a bakery at the time where loaves and loaves of bread were baked every morning. The young couple had to figure out how to earn a living, and their love for real, honest food led to the set-up of the Burren Smokehouse, with Peter designing the kilns in a revolutionary way.

The beginnings were humble: the smoked salmon was delivered to local restaurants in the area. Today, we are delivering to private customers, retailers and foodservice in the whole of Ireland, and we exporting internationally to a wide range of customers.



Spiced Smoked
Mackerel 2 pck
Code: 75106
Was €21.50
NOW €16.50



Smoked Fish
Platter 180g
Code: 75107
Was €7.60
NOW €6.25





**Artic Royal
Salmon Portions**
140/170g x 10
Code: 760191
WAS €36.00
NOW €25.00



**Cooked & Peeled
Prawns**
u150 2kg
Code: 76042
Was €26.50
NOW €20.95



**Beer Battered Cod
Goujons 5kg**
Code: 11098
Was €38.50
NOW €32.50



**16/20 Raw Peeled
& Devined Prawn
1kg**
Code: 76038
Was €14.00
NOW €9.95

Festive Fish & Seafood



**Artic Royal
Pre-fried Tempura
Prawn 500g**
Code: 11589
Was €7.75
NOW €6.50



**Cooked & Peeled
Prawn Tail-on
31/40 450g**
Code: 76040
Was €5.45
NOW €4.00



**Mozambique
Prawns 70/90 1kg**
Code: 76039
Was €22.00
NOW €17.00



**Jalapeno Popcorn
Coated Prawns
1kg**
Code: 760361
Was €15.00
NOW €12.50



**Chipotle Coated
Prawns 1kg**
Code: 76036
Was €17.50
NOW €14.50



**Artic Royal Squid
Tubes 1kg**
Code: 10023
Was €6.50
NOW €5.25

Fabulous Finger Food



Hot N Spicy
Chicken Wings 5kg
Code: 97762
RRP €26.00
NOW €23.00



King Prawns in
Filo 500g
Code: 76046
Was €7.50
NOW €5.00



Manor Farm
Cooked Goujons
5kg
Code: 2031
Was €36.00
NOW €30.00



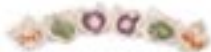
Cocktail Sausages
10lb
Code: 239
Was €16.50
NOW €13.00



Mini Brie Wedges
24pce x 6
Code: 1379
Was €71.00
NOW €58.00



Mixed Crolines
22g x 90
Code: 3410
Was €36.00
NOW €29.00



Mini Puff Tartlet
Selection 60pce
Code: 32820
RRP €33.50
NOW €24.95



Oriental Bites
Chicken Tikka
Samosa 1kg
Code: 310003
Was €15.00
NOW €12.50



McCain Beer
Battered Onion
Rings 6kg
Code: 43063
Was €36.50
NOW €28.50



Mississippi BBQ
Wings 5kg
Code: 70065
RRP €30.00
NOW €24.00



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McCain Breaded Mozzarella Cheese Sticks 6kg
Code: 5927
RRP €52.00
NOW €40.00



McCain Spicy Wedges 10kg
Code: 170400
RRP €15.00
NOW €12.00



Diggers Mini Veg Spring Rolls 60x15g
Code: 18020
RRP €4.50
NOW €2.95



Diggers Mini Chicken Spring Rolls 30 x 15g
Code: 795
RRP €3.50
NOW €2.50



Diggers Mini Duck Spring Rolls 25 x 15g
Code: 311001
RRP €3.75
NOW €2.75



Diggers Garlic Mushrooms 5kg
Code: 190
RRP €28.00
NOW €23.00



McCain Fry N Dip 12.5kg
Code: 400005
Was €23.80
NOW €19.95



Salted Caramel Carrot Cake
12ptn
Code: 2763
RRP €32.00
NOW €23.00

Mouth Watering Desserts



**Choc Lovin Spoon
Cake** 14ptn
Code: 156
Was €38.00
NOW €27.50



**Sandys Sour
Cream Coffee
Cake** 16ptn
Code: 2881
Was €30.00
NOW €22.00



Brownie Bites
121ptn
Code: 2528
Was €21.50
NOW €15.75



Rockslide Brownie
16ptn
Code: 1426
Was €28.50
NOW €20.00



**Raspberry Crumb
Bar** 16ptn
Code: 2556
Was €23.75
NOW €17.50



**Salted Caramel
Cheesecake** 16ptn
Code: 2765
Was €34.50
NOW €24.50



**Raspberry & White
Choc Brulee** 14pce
Code: 1255
Was €39.00
NOW €28.50



Key Lime Pie
14ptn
Code: 447
Was €26.75
NOW €19.95



Prestige Lemon Cheesecake
20x 125g
Code: 84010
RRP €23.50
NOW €18.50



Prestige Strawberry Cheesecake
20 x 125g
Code: 84013
~~Was €26.50~~
NOW €21.50



Prestige Mini Strawberry Cheesecake x 48
Code: 84014
~~Was €26.50~~
NOW €22.50



Prestige Sicilian Lemon Tartlet
12 x 90g
Code: 84006
~~Was €25.50~~
NOW €19.90



Prestige Mini Sicilian Lemon Tart 48 x 30g
Code: 84009
~~Was €33.50~~
NOW €28.50



Prestige Baked Choc Cheesecake
20 x 110g
Code: 84001
~~Was €22.50~~
NOW €17.50



Prestige Mini Baked Belgian Choc Cheesecake x 40
Code: 84002
~~Was €26.50~~
NOW €22.50



Prestige Raspberry Cheesecake
20 x 125g
Code: 84012
~~Was €24.50~~
NOW €21.50



Prestige Mini Baked Vanilla Cheesecake 48g x 48
Code: 84008
~~Was €26.50~~
NOW €22.50



Recipe of the Month - Pan Seared Duck

with Smoked Bacon Kugelis, Black Pudding Spring Roll and Forest Fruit Jus

Stephen Smith - Executive Chef
Savoy Hotel, George Hotel,
Hamptons Bar & Grill &
Da Vincenzo's Italian Restaurant

Ingredients:

4 Duck Breast
1kg grated Potato
6oz chopped smoked bacon
1 large white Onion
4 Sheets Spring roll pastry
8oz Black Pudding
200ml Fresh Cream
8oz fruits of Forrest berries
200ml Cranberry juice
20z brown sugar
Tablespoon of white Vinegar
Veal Jus
4oz butter
Seasoning

Selection of baby vegetables like baby asparagus,
baby beets, baby carrots, Fennel, etc.

Method

Mix the grated potato, chopped onion, bacon and butter in a bowl over boiling water until mixture becomes sticky, season then place in a tray and bake in oven 180 degrees C for 25 minutes.

Mix the black pudding with cream a little at a time to a soft texture, then roll in spring roll pastry and refrigerate immediately. Dissolve sugar in a pan with vinegar then add cranberry juice and reduce for 3 or 4 minutes, then add veal jus and fruits of Forrest berry mix and simmer for 4 mins then season.

Trim Duck Breast, then seal Skin side down and season, cook for 3 or 4 mins in oven at 180 degrees then put on a dry cloth to rest.

Boil or steam selected vegetables. Cut out required shape from potato cake, deep fry Spring roll, and assemble on plate, Season vegetables and add small touch of butter to glaze.

Slice Duck into desired slices not too thick and assemble lightly coat duck with berry sauce and serve.

"I am pleased to have Plassey Food as a selected supplier for both the local connection and ongoing commitment to supply local produce where possible, efficient sales and delivery as required, and their willingness to source products when I make a request".

Stephen Smith - Executive Chef

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Wonderful Wines

Wine pairing with Duck

Buxy Pinot Noir 2014

100% Pinot Noir from the heart of Burgundy in Cote Chalonnaise. This delicious medium-bodied red wine shows flavours of raspberry, morello cherry and a touch of spice. A very smart wine with refreshing acidity and good length.

Case of 6 - RSP €74

Domaine des Grands Fers 'Les Cotes' Fleurie AOC

Situated in the heart of Fleurie, the Domaine des Grands Fers has been in Christian Bernard's family since the turn of the last century. He owns a total of 10.3 hectares of Gamay planted on several different terroirs in the Cru. All are southeast facing slopes in the famous Madone terroir.

The classic Fleurie characteristics, including the wines' floral perfume notes, are the result of the incredible soils of crushed and crystalized ancient red granite. Christian ferments all his different terroirs separately, whole cluster, with a classic carbonic maceration for a twelve day period. After a six month elevage in oak foudres, he blends his various plots into what becomes his signature Estate bottling. This is a beautiful wine showing attractive berry fruits such as red current, stawberry and cherry with spice and mineral notes. A wine of exceptional quality.

Case of 12 - RSP €170

La Maialina Chianti DOCG 2014

A gorgeous wine, fresh, vibrant and utterly impeccable. The floral aromatics render an impression of accessibility but the darkness and richness of the fruit that follow hint at a far more important pedigree. Dark red berries, flowers and minerals add the final notes of complexity on the impressive finish."

Case of 12 - RSP €114

Festive Wines

Valminor Albarino 2015

The winner of the Irish White Wine of the Year at this years Irish Wine awards, and the perfect white this festive season. A great match with both seafood such as salmon or prawns, it is equally as charming with poultry such as chicken or turkey. On the nose, Valminor shows a wide fruity range of aromas with notes of fresh grapefruit, apricot and melon. In the mouth, Valmiñor combines fruity flavours and freshness with a rounded acidity, resulting in a balanced wine that boasts an opulent taste with elegant aromas and slight spritziness. It is fresh and tasty, boasting a taste of apple and fruit with elegance.

Case of 12 - RSP €156

Coto Imaz Reserva 2010

Sexy, oak-spiced aromas of ripe cherry and cassis, with pipe tobacco and rose oil nuances adding complexity. Supple and expansive on the palate, offering gently sweet dark fruit flavors lifted and clarified by juicy acidity. The Coto Imaz will delight with most winter | dishes especially lamb or game.

Case of 12 - RSP €154

La Fluer Anne Saint-Emilion AOC 2014

A Saint-Emilion fruit-bomb, the soft, luscious, seductive 2014 La Fleur Anne is filled with copious quantities of black cherries and blackberries as well as a notion of underbrush. Soft, smooth, and hedonistic, this sensual, pleasure-filled wine is the perfect claret to be enjoyed this Christmas.

Case of 6 - RSP €80



Irish Craft Beers, Cheers!

Brehon Brewhouse

In the rolling hills of Monaghan, not far from Carrickmacross, in the countryside resides Brehon Brewhouse. It is housed in the parish of Killanny, which is also the name of their Red Ale.

Established in 2014, owner *Seamus* has set up a lovely brewery in one of the old sheds, located behind the milking parlour. This brewery is set up on a working Dairy Farm. The team have renovated the shed to exacting specifications. The brewery was installed in April 2014, with further vessels currently enroute to Monaghan to expand the breweries capacity to meet ever growing demand for their beers.

The slogan "*Irish Beer, Crafted by Hand*" rings very true here. Everything is done under brewer Phil's supervision, brewing, cleaning, bottling and kegging. In fact all their beers are hand bottled on site.



Brehon Killanny Red Ale 500ml x 12 ABV 4.5%
Code: 89898 **WAS €30.00 NOW €25.00**

Brehon Blonde 500ml x 12 ABV 4.3%
Code: 89897 **WAS €30.00 NOW €25.00**

Brehon Stony Grey IPA 500ml x12 ABV 5%
Code: 77010 **WAS €30.00 NOW €25.00**

Black Donkey Brewing

Deep in the heart of rural Roscommon, in the village of Ballinlough, a brewery grows. Brewing without boundaries, Black Donkey Brewing, a concept that has come of age, has finally found a place to call home. Traditionally cautious animals, this Donkey is not one to shy away from turbid mashes, spontaneous fermentation, wood ageing, smoked malts, coolships, or anything else we can come up with, to bring you the best, and most diverse, beers we can make. Production began in mid 2014, bringing Irish, European, American and historical brewing influences together under one roof, and onto the rapidly growing and increasingly exciting Irish craft-brewing scene.



Black Donkey Beyond 500ml x12 ABV 4.6%
Code: 77286 **WAS €38.00 NOW €32.00**

Black Donkey Buck It 500ml x12 ABV 4.8%
Code: 77288 **WAS €38.00 NOW €32.00**

Black Donkey Scythe 500ml x12 ABV 4.6%
Code: 77287 **WAS €38.00 NOW €32.00**

Kenmare Irish Beers

Kenmare Irish Beer is 100% Irish and is brewed with passion and bottled with pride by the Little Island Brewing Company in Co Cork.



Kenmare IPA 500ml x12 ABV 5%
Code: 89892 **WAS €36.00 NOW €30.00**

Kenmare Porter 500ml x 12 ABV 4.5%
Code: 89889 **WAS €36.00 NOW €30.00**

Kenmare Red Ale 500ml x 12 ABV 4.3%
Code: 898883 **WAS €36.00 NOW €30.00**