

THE MENU MAGAZINE

November/December '19 Valid to 31st December, 2019





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Festive Season Edition



One Stop Shop to the Foodservice Industry

Plassey Food & Distribution Co. Ltd., Rathkeale Industrial Estate, Co. Limerick.

Tel: **069 63500** Email: sales@plasseyfood.ie www.plasseyfood.ie





C Love good food? Love Plassey Food.



Meats



Poultry



Seafood



Breads



Confectionery



Ready-to-fill Pastry



Caterers Kitchen



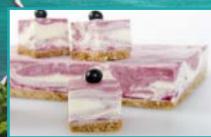
Sauces & Bouillons



Potato Products



Gluten Free



Desserts



Mediterranean



Pizza & Ready Meals



Cheese & Dairy



Dry Goods

Details in this publication are subject to change without notice. Whilst we make every effort to provide you the most accurate, up-to-date information, errors may occasionally occur.

Plassey Food – The Menu Magazine November/December '19

Wishing you all a fantastic festive season and a great start to 2020

THE MENU MAGAZINE



We are closing 2019 with this festive edition of our Plassey Food The Menu Magazine.

We like to thank you for your support and custom in 2019 and look forward to working with you all in the New Year.

Let's make it a great year!

Best regards,

Don Flynn & Tom Magner
Directors

Please contact your sales team for our full range of essential Christmas products, turkeys, hams, sprouts, vol a vents, condiments and much, much more!



FESTIVE STARTERS

THE MENU MAGAZINE

CHEESE

Brie Wheel

Approx Weight: 3kg / Code: 1005

Goats Cheese Log

Quantity: 1kg / Code: 71250

Buffalo Mozzarella

Weight 125g x20pce / Code: 210046

MFAT

Glenquin Sliced Black Pudding

Weight: 100 slices / Code: 640013

Diggers Steam Cooked Wings
Quantity: 5 x 1kg / Code: 80605

Parma Ham

Weight: 500g x 4pce / Code: 205

Diggers Duck Spring Rolls Weight: 40 x60grm / Code: 18000

FISH & SEA FOOD

Seafood Chowder

Weight: 1kg / Code: 181

Smoked Salmon Sliced

Approx. Weight: 1kg / Code: 75010

King Scallops Roe On 10/15
Approx Weight: 1kg x10 / Code: 76043

Cooked & Peeled Prawns 90/125

Weight: 2kg x5 / Code: 76042

Whole tail Scampi

Quantity: 1lb x10 / Code: 76033

ESSENTIALS

Rich Sauce Citrus & Balsamic Dressing Unit Price: €18.00

Quantity: 2.25 x2 / Code: 13121

Sundried Tomatoes

Weight: 1.1kg x 3pce / Code: 069

BAKERY

Cooked Vol au Vents

Quantity: 90 pcs / Code: 67215093

Farmhouse Sliced Wheaten Loaf

Weight: 440g x12 / Code: 42011

Unit Price: €6.95

Costing: €10.50

Costing: €15.50

Costing: €12.50

Costing: €18.00

Unit Price: €20.50

Costing: €31.00

Costing: €8.75

Costing: €24.00

Unit Price: €18.00

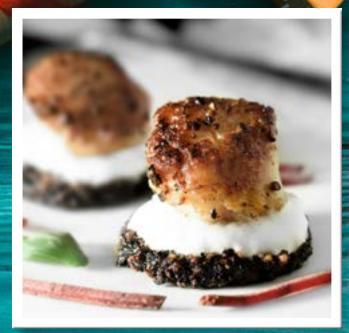
Unit Price: €19.50

Unit Price: € 4.75

Unit Price: €9.50

Costing: €21.00

Costing: €14.00



Pan seared scallops on black pudding & crème fraiche.

Ingredients

8 large scallops (roe removed, cleaned) 8 slices of black pudding (sliced into 1cm discs) 150 g fresh rocket leaves 8 tblsp. crème fraiche

<u>For the Black Pudding:</u> In a small frying pan, fry off the black pudding until it is crisp on either side. Set aside and keep warm.

<u>For the Scallops:</u> Season the scallops on both sides with salt and pepper.

In a frying pan heat a tablespoon of the oil. Lay the scallops on the pan to fry for 50 seconds on each side and lightly golden. Set aside and keep warm.

<u>Serving:</u> Place the crème fraiche on the black pudding and place the scallop on top. Serve with rocket leaves with optional dressing of red wine vinegar with 1tblsp whole grain mustard and seasoned with salt and freshly ground black pepper.

Smoked Salmon with celeriac & fennel

Ingredients

350-400g smoked salmon

For the dressing

1 tsp wholegrain mustard

1 ½ tsp honey

2 garlic cloves, crushed

5 tsp cider vinegar

7 tbsp extra virgin olive oil

(a fruity one, not a bitter Tuscan one)

2 tbsp single cream

For the salad

juice 1 lemon (you may not need it at all) 300g celeriac

1 large fennel bulb

1/4 red onion

1 small red apple

1 small green apple

15g bunch dill, leaves only, roughly chopped



Source: BBC Good Food

FULL RECIPE on our website: www.plasseyfood.ie/smoked-salmon-starter





Or go for a trusted favourite:

Parma ham & melon

The Cantaloupe melon is the best and also the sweetest one of all with notes of honey.

CHRISTMAS MAIN COURSE



Leg of Lamb Code: 61002

Costing: €10.00/kg

Lamb Shank Code: 61003

Costing: €10.00/kg

KCC Aberdeen Angus Striploin 6kg+

Weight@ 6kg + / Code: 6006

KCC Tied LMC

Costing: POA per kg

Costing: POA per kg

Salmon Portions

Weight: 5-60z / Code: 51602 Code@ 6003

Costing: €29.00

POTATO PRODUCTS

McCain Croquettes Quantity: 2.5kg x4 / Code: 3335 Costing: €21.00

Aviko Cream & Cheese Gratin Costing: €42.00 Weight: 1.5kg x6 / Code: 803604

ESSENTIALS

Unit Price: €9.80 **Rich Sauces Tartar Sauce** Quantity: 2.25ltr x2 / Code: 131120

Rich Sauces Horseradish Sauce Unit Price: €7.50 Quantity: 2.5ltr x 2 / Code: 131118

Fragrant Slow Roast Leg of Lamb Serves: 6-8 people

Ingredients

8 garlic cloves

finely grated rind of 2 lemons

1 tsp sweet paprika

2 tbsp ground cumin

2 tbsp chopped fresh rosemary

2 tbsp chopped fresh thyme

120ml (4fl oz) olive oil

2.3kg (5-6lb) leg of lamb

1kg (21/4 lb) waxy potatoes, halved (such as Organic Nichola)

Cooks in: approx. 2 hrs

Source: Bord Bia / Nevan Maguire

FULL RECIPE on our website:

www.plasseyfood.ie/nevens-leg-of-lamb

5 fresh bay leaves

juice of 2 lemons







Ham with Port, Orange & Redcurrant Glaze

Ingredients

1 whole ham Zest and juice of ½ orange 1-2 carrots, chopped Zest and juice of ½ lemon 1-2 sticks of celery, chopped 1/4 teasp. ground allspice 1 onion, halved 4 tablesp. redcurrant jelly 1 tablesp. peppercorns 2 tablesp. light muscovado 1 bay leaf sugar 2 tablesp. port 1 tablesp. whole cloves 1 large cinnamon stick

Serves: 20 people Cooks in: 3 hrs 30 mins

Source: Bord Bia

FULL RECIPE on our website:

www.plasseyfood.ie/ham-with-port

PORK / HAM

Glen Aine Limerick Gammon Ham Weight: 4.5kg approx. / Code: 63201

Glen Aine Baked Limerick Gammon Ham

Weight: 4.5kg approx. / Code: 63007

Sausage Meat Weight: 5kg / Code: 62021

GRAVY, DEMI GLACE & BOUILLON

Knorr Roast Gravy Quantity 12ltr/Code: 79891

Knorr Demi Glaze Quantity: 1ltr x12ltr/ Code:75808

Knorr Chicken / Veg/ Beef Bouillon Quantity: 80ltr / Code: 75851, 75852, 75853

CONDIMENTS / SAUCES

Hellmanns Real Mayo Quantity:10ltr / Code:74459

Ballymaloe Cranberry Sauce Quantity: 2.65kg / Code: 75773

Ballymaloe Relish Quantity: 5kg x1 / Code: 73523 Costing: €8.50/kg

Costing: €8.50/kg

Costing: €16.00

Costing: €28.00

Costing: €20.00

Costing: €46.00

Costing: €25.00

Costing: €16.00

Costing: €26.50

CHRISTMAS MAIN COURSE



Plassey Turkey Butterfly Weight: POD / Code: 98546

Skeaghanore Fresh Whole Duck Weight 2.2kg x2 / Code: 72012

Chicken Fillet 210-230 Quantity: 9kg / Code 0081

Corn Fed Chicken Supreme

Quantity; 200g/220g x 10 / Code: 7370

Manor Farm 8 cut chicken Quantity 1600g x8 / Code: 51816

Kilbride Turkey & Ham Portions: Weight: 270g x 6 / Code: 3632

STUFFING

Frozen Savoury Stuffing Quantity: 2kg x2 / Code: 80058 Costing: POA per kg

Costing: €5.50/kg

Costing: €39.80

Costing: €18.00

Costing: €33.00

Costing: €17.25

Costing: €16.90

Source: Bord Bia / MacNean

FULL RECIPE on our website: www.plasseyfood.ie/turkey-with-chestnut

2kgs - 1hr 10 mins 4kgs - 2hr 20 mins 6kgs - 3hr 30 mins 8kgs - 4hr 10 mins 3kg serves 6-7

4kg serves 8-9 6kg serves 12-13 8kg serves 16-18

Serves: 10-12 people

Cooks in: approx. 4 hrs 30 mins

Roast Turkey with Chestnut and **Dried Cranberry Stuffing**

Ingredients

6kg (12lb) oven-ready turkey,

4 rindless streaky bacon rashers

8 ready-to-eat pitted prunes

450g (1oz) cocktail sausages

175g (6oz) butter, at room temperature

1 tbsp plain flour

3 tbsp Madeira

600ml (1 pint) turkey or chicken stock





ESSENTIALS FOR YOUR MAIN COURSE

VEGETARI ES

Pasfrost frozen Broccoli
Weight 2.5kg x 4pce / Code: 8302

Costing: €14.00

Pasfrost Frozen Brussels Sprouts
Weight 2.5kg x 4pce / Code: 8287

Costing: €11.00

Pasfrost Frozen Peas Costing: €12.00
Quantity 10kg / Code 8303

Pasfrost Frozen Mixed Veg
Quantity10kg / Code: 8282

Costing: €9.75

SEASONING

Gem Salt Tub Unit Price: €6.50 Weight 6kg / Code: 74577

Caterers Kitchen Cracked Black Pepper Unit Price: €7.50 Weight:500g x 6pce / Code:972027

Caterers Kitchen Thyme Unit Price: €2.75
Weight: 200g x6pce / Code: 972014

Caterers Kitchen SageUnit Price: €2.00Weight: 150g x 6pce / Code: 972010

Caterers Kitchen Mixed Herbs Unit Price €2.20 Weight: 180g x 6pce / Code: 972003

DAIRY

Avonmore Whipping Cream
Quantity: 4ltr / Code:96321

Costing: €13.50

Dairyland Milk
Quantity: 2ltr x6 / Code:01038596

Costing: €9.75

North Cork Butter
Weight: 454g x28 / Code: 231

Costing: €69.00

DELICIOUS DESSERTS













Patisserie Royale Yule Log Weight: 1500g Code: 12559 Costing: €11.85



Patisserie Royale Christmas Pudding Log Quantity: 1500g x1 Code: 12557 Costing: €8.50





Patisserie Royale Lemon Drizzle Quantity: 12ptn Code: 11585 Costing: €12.50





Patisserie Royale Carrot Cake Quantity: 12ptn Code: 11571 Costing: €14.00





Patisserie Royale Mince Pies Quantity: 70g x 48 Code: 12555 Costing: €17.50





Patisserie Royale Deep Dish Apple Pie Quantity: 2000g Code: 11570 Costing: €8.95





Patisserie Royale Baileys Cheesecake Quantity: 12ptn Code 11574 Costing: €11.85





Wicked Desserts Baileys & Chocolate Cake 1360g Quantity 12ptn Code: 840003 Costing: €16.00





ICE CREAM



Quantity: 4.7ltr x1 / Code: 060601

Ashford Dairy Premium Strawberry Ice Cream Costing: €10.00

Quantity: 4.7ltr x1 / Code: 060101

Ashford Dairy Premium Chocolate Ice Cream Costing: €10.00

Quantity: 4.7ltr x1 / Code: 060104

Ashford Diary Soft Scoop Honeycomb Ice-Cream Costing: €4.50

Quantity: 4ltr x4 / Code: 010605



Wicked Date &
Butterscotch Pudding
Quantity: 115g x 15
Code: 840008
Costing: €12.50





Triple Choc Ind Mousse Quantity: 100g x 28 Code: 840004 Costing: €40.00





Wicked Desserts
Ind Baileys & Malteser
Cheesecake
Quantity: 95g x 28
Code: 840005
Costing: €31.50





Apple Crumble Traybake Quantity; 44ptn Code: 84067 Costing: €24.50



Choc brownie
Traybake
Quantity: 44ptn
Code: 11574
Costing: €24.50





Patisserie Royale Strawberry cheesecake Quantity: 44ptn Code: 11597 Costing: €24.50





Patisserie Royale Carrot Cake Traybake Quantity: 44ptn Code: 11169 Costing: €24.50





CHRISTMAS BAKING



The Ultimate Mince Pie with Irish Whiskey Cream

Want to make the ultimate mince pie yourself?

We found the perfect recipe!

JR Ryall, head pastry chef at Ballymaloe House, gives us a masterclass in Christmas baking with his mouth-watering mince pie recipe

Source: JR Ryall, Ballymaloe House, Co. Cork

FULL RECIPE on our website: www.plasseyfood.ie/Ballymaloe-house-mince-pies

Gem Raisins

Quantity: 3kg x4pce / Code: 218

Gem Sultanas

Quantity: 3kg x4pce / Code: 219

Gem Flaked Almonds

Quantity: 1kg x10pce / Code: 227

Gem Glace Cherries

Weight: 1kg x4pce / Code: 74801

Gem Pitted Prunes

Weight: 3kg x4 / Code: 74824

Gem Custard Powder

Quantity: 3kg x 4pce / Code: 74087

Annags Farm Medium Eggs Quantity: 360pce / Code: 80003

Carnations Condensed Milk

Weight: 397g x 24pce / Code: 51202

Caterers Kitchen Baking Powder

Weight: 800g Code: 972018

Milk Chocolate Drops

Weight: 2.5kg x4 / Code: 71633

Unit Costing: €9.50

Unit Cost: €9.50

Unit Cost: €14.75

Unit Cost: €8.00

Costing: €27.50

Unit Cost: €5.50

Costing: €36.00

Costing: €58.50

Costing: €3.50

Costing: €30.00









A TASTY SELECTION OF FINGER FOOD



Beckers Mini Veg Spring Rolls Now: €16.50

Weight/Quantity 20g x 60pce / Code: 5221



Pacific West Panko Coated Prawns

Quantity: 500g x10 / Code: 69061

Unit Price: €7.25

King Prawn in Filo Quantity: 500g / Code: 76046 Costing: €6.50

Diggers Breaded Garlic Mushrooms

Quantity: 1kg x5 / Code: 1901

Costing: €24.00



Diggers Onion Rings Quantity: 1kg x6 / Code: 12930 Costing: €12.95



Breaded Brie Wedges

Costing: €12.00 Quantity: 37g x24 Pcs / Code: 1379



Glenquin Cocktail Sausages Quantity: 4.54kg / Code: 239

Costing: €13.50



Big Al's Southern Fried Goujons Quanity: 4kg / Code: 958380

Costing: €33.00





Big Al's Breaded Chicken Goujons Quantity 4kg / Code: 958370

Costing: €33.00





Southern Fried Drumstick Quantity: 110g x60pcs / Code: 3728 Costing: €51.00



Kepak Pork Rib Rack

Quantity: 1.04kg x 10 / Code:959043

Costing: €84.00







Kitchen Club BBQ Wings Quantity:5x 1kg / Code: 70065 Costing: €26.50



McCain Spicy Wedges Quantity: 10kg Code: 170400









McCain Mozzarella Cheese Sticks Quantity: 1kg x8 Code: 5927 Costing: €8.50





Code: 400005 Costing: €19.00





Festive Snack? The Yule Tide Sandwich

Ingredients

- Quarter of an avocado
- Drizzle of olive oil
- Sea salt, freshly cracked black pepper
- 2x teaspoons Ballymaloe Original Relish (10gr x 2)
- 1x slice of ham (20g)
- 1x slice of chicken (28g)
- Grated cheddar cheese 15g
- 1x large leaf of fresh sage
- Handful of watercress or rocket





Ballymaloe Relish Quantity: 5kg x1 Code: 73523 Costing: €26.50



Mini Filled Bretzel Navettes Quantity: 21pce Code: 100586 Price: €12.00









Mini Slider Cheeseburgers Quantity: 40pce Code: 100740 Price: €11.50







Seara Breaded Goujons Quantity: 10kg Code:218569 Costing: €56.00













Seara Cooked Breast Weight 9/11oz 40pce Code:C2IQF Costing: €50.00





Diggers Shredded Chicken Quantity: 5kg Code:13383 Costing: €38.00









Big Al's American 2oz Burger Quantity: 2oz x 96pce Code: 902022 Costing: €30.00



Americana 4 1/2 Seeded Bun Quantity: 4.5" x 48pce Code:176 Costing: €7.50



Americana 4" Seeded Bun Quantity:4" x 48pce Code: 144 Costing: €5.50



Bandon Vale Grated Red Weight: 2kg x 5pce Code: 963751 Cost Per Unit: €9.50



Kerrymaid Cheese Slices Quantity: 1.4kg x 8pce Code: 21216 Cost per Unit: €8.00







McDonnells Curry Weight: 500g x 12 Code: 1414 Costing: €55.00





Grated Mozzarella Weight: 2kg x 5pce Code: 147891 Unit Cost: €9.50



Mavo Weight: 10ltr Code: 111001 Costing: €19.50



Global Sauce Thick Garlic Mavo Weight: 10ltr Code: 111002 Costing: €21.00



Tomato Ketchup Weight: 10ltr Code: 111007 Costing: €10.00













Caterers kitchen 12mm & 14mm Chips Quantity: 10kg Code: 1033713 Costing: €10.00



Caterers Kitchen Shoe String Chips Quantity: 2.5kg x 4 Code: 10337167 Costing: €10.00





Global Burger Sauce Quantity: 10ltr Code: 1406 Costing: €23.50





Smedes Batter Flour Quantity: 12.5kg Code: 2089 Costing: €12.00



Vegetable Oil Quantity: 20ltr Code: 1261 Costing: €21.00



TAKE AWAY **SPECIALS**



Quantity: 150pce / Code: 64030

Quantity: 115g x 40 / Code: 4258

Ham & Cheese Jambon





Ham & Turkey leftovers?

Ballymaloe Christmas Whopper

FULL RECIPE on our website: www.plasseyfood.ie/xmas-whopper



Costing: €21.50

DELICIOUS

NON-FOOD ESSENTIALS





1Lbs Lined Greaseproof Bag Weight: 5kg Code: 1200020 Costing: €11.50



2Lb Lined Greaseproof Bag Weight: 5kg Code: 160201 Costing: €8.50



3Lb Lined Greaseproof Bag Weight: 5kg Code: 160164 Costing: €8.50



6 Quart Lined bag Weight: 5kg Code: 11133 Costing: €8.50



Large Carrier Bags Quantity: 5kg Code: 1676 Costing: €14.50



Red Burger Wraps Quantity: 2000pce Code: 161094 Costing: €26.00



4oz Dart Cups Quantity: 1000pce Code: 120020 Costing: €20.00



4oz Dart Lids Quantity: 1000pce Code: 120021 Costing:€12.85



Spirit Rigid Plastic Forks Quantity: 2000pce Code: 105692 Costing: €19.00



Caterers Kitchen
Cling Film Extra Wide
Quantity: 450mm x
300m
Code: 61588
Unit Cost: €5.50



Caterers Kitchen Baking Parchment Quantity: 450mm x 50m Code: 169023

Unit Cost: €4.00



Greaseproof Sheets
Weight: 350mm x
450mm
Code: 1081425
Costing: €18.00



Evans Heavy Duty Degreaser Quantity: 5ltr x 2 Code: 058827 Unit Cost:€10.50



Evans Wash Up Liquid Quantity: 5ltr x 2pce Code: 055401 Unit Cost: €6.25



Evans Esteem Cleaner/Sanitiser Quantity: 5ltr x 2 Code: 051114 Unit Cost:€10.50



Evans Sterilising Fluid Quantity: 5ltr x 2 Code: 051022 Unit Cost: €6.00

CANS & BOTTLES MINERALS



Coca Cola Cans Quantity: 330ml x 24 Code: 104001 Costing: €10.50



Diet Coca Cola Cans Quantity: 330ml x 24 Code: 104002 Costing: €9.00



Coca Cola Zero Quantity: 330ml x 24 Code: 63016 Costing: €9.00



Pepsi Cans Quantity: 330ml x 24 Code: 63020 Costing: €12.50



7up Cans Quantity: 330ml x 24 Code: 65302 Costing: €9.00



7up Free Cans Quantity: 330ml x 24 Code: 63010 Costing: €9.50



Club Orange Cans Quantity: 330ml x 24 Code: 63013 Costing: €12.50



Fanta Orange Cans Quantity: 330ml x 24 Code: 51150 Costing: €9.00



Coca Cola Bottles Quantity: 500ml x 24 Code: 65007 Costing: €19.50



Diet Coca Cola Bottles Quantity: 500ml x 24 Code: 65008 Costing: €16.00



7up Bottles
Quantity: 500ml x 24
Code: 65006
Costing: €18.00



Club Orange Bottles Quantity: 500ml x 24 Code: 65012



Ishka Still Water Quantity: 500ml x 12 Code: 65480 Costing: €4.50



Coca Cola Bottles
Quantity: 1.25ltr x 12
Code: 65370
Costing: €19.50



Diet Coca Cola Bottles Quantity: 1.25Ltr x 12 Code: 65357 Costing: €17.50



